

## Nutrition & Natural Weight Loss Supplements

**EFA's:** Controls blood pressure, Lowers cholesterol, speeds up metabolism, emulsify fat for easy digestion and elimination, prevents gallstones, prevents hair loss, dry skin, and dry nails, prevents arthritis and visual disorders, aids in normal brain function, helps reduce coronary disease

**Carb-Blockers:** blocks 100% sugar absorption

**Garcinia Cambogia:** Releases glucose into the body and at the same time boosts metabolism, Combines to slow the absorption of fat and stop weight gain, Increases energy, fat burner, appetite suppressant

**Slim Quick Super Energy:** Fights fatigue, boosts energy, promotes weight loss and alertness

**Multi-Vitamins:** supplies body with essential vitamins and minerals, protects from damage of stress, better overall health

**CLA:** Reduces body fat, increases lean muscle mass, and enhances fat burning

**Water-out:** Naturally supports fluid balance and healthy urinary tract

**Royal Jelly:** Helps fight insomnia, boosts immune system, and makes facial skin smooth and glowing

**Glucosamine & Chondroitin:** Joint supplement in treatment of osteoarthritis

**Tru-Hoodia Complex:** Support healthy blood glucose levels, as well as the utilization of protein and fat.

**Acai:** Supports healthy heart, blood vessels, immune and inflammatory responses

**Turmeric Extract:** Can prevent cancer, ulcer, osteoarthritis, and psoriasis

**Menopause Support:** Designed to promote a natural balance of hormones and ease discomfort

**B-12:** helps to lose weight and increases energy

**Stevia:** Non-sugar alternative, prevents high calorie consumption, and becoming diabetic

**Retinol Cream:** Prevents wrinkles and moisturizes dry skin

**Protein Supplements: (bars, drinks, shakes):** Build and repair body tissues including muscles, major organs, and collagen, speeds up metabolism by 30%.

**Protein Chips:** Speeds up metabolism and helps controls other snack cravings

**Cleansing Slim Tea:** Helps cleanse and detox, burns fat, relieves constipation with high fiber content

**Fiber Tea:** Burns fat and relieves constipation

## ABOUT ME:

My name is Susan Suong Doan and I graduated in 1994 with a bachelor's degree in Nutrition from the University of Houston. From there I have worked in many different hospitals, doctors offices, and weight loss centers counseling about nutrition and weight loss. In 2000 I decided to open my own Nutrition & weight loss office and have been going ever since. I have taught many courses on Nutrition at various colleges including Houston Community College. I am also certified in Non-Surgical Lipo. I offer many services pertaining to meeting nutrition and weight loss goals and I also offer wholesale services of many products to many area pharmacies around town.